The Southern California TKD Academy Times Founded February 1st., 1975 By Master Patrick Steinhauser - Black Belt for over 41yrs

VOLUME 25 ISSUE 12

www.socatkda.com

SEPTEMBER 2018

<u>NO CLASS</u> Friday 8/31 & Monday 9/3





David Kyo-sa-nim, Korey Kyo-sa-nim, Joervyn A. Ryan L. and Patrick H. We hope your special day is filled with love, laughter and happiness and a few presents too!



This Month's Dojang News

Test dates are: Tuesday, Sept. 4th, Wednesday, Sept. 5th and Thursday, Sept. 6th. Remember you only need to test <u>one</u> of those days. Your attendance requirements in order to test are; White Belts, **Yellow Belts & Green Belts** need to attend 20 class meetings, within the three month period between tests. **Red Belts** need to attend 40 class meetings and wait six months between tests. For 4th Keub **Green Belt** when testing for 3rd Keub **Red Belt**, you are responsible to write a paper(s) assigned by Master Steinhauser and is due at your 4th Keub test. Test fees are \$ 25. per test participant. If you have questions regarding what you need to know in order to test or if you are not sure whether you have enough attendance days to test or whether you should test, see your Black Belt Instructors. *** Remember if you are NOT testing, we will still have training as usual.*

<u>NOTES FROM GRAND-MASTER STEINHAUSER</u> > "The study of Taekwondo is not the task of one day, or of one year...It is rather the path of a life time." and "Training in the art of **Taekwondo** is more than just kicking and punching...It is development of a strong mind and body. Patience, concentration, attention to detail, spirit and humility are essential." And from your TKD Notebooks...

Meaning of TaeKwonDo	Tae = Feet Kwon = Hands Do = The "WAY" we use our feet and hands to better ourselves.
Meaning of Moo Duk Kwan	Moo = Mental Duk = Physical, Kwan = The "WAY" we use our mental & physical to better ourselves.

Kwon Association
MembersMoo Duk Kwan, Ge' Duk, Kwan, Oh Duk Kwan, Chung Duk Kwon
and Kang (kong) Duk Kwan

<u>NEW STUDENTS</u>: Welcome Anghelo R. and Mathew H. To our Tae Kwon Do Family. If you have any questions or concerns please feel free to ask a Senior.

<u>MASTER STEINHAUSER APPROVED TKD TOURNAMENTS COMING UP</u>: The 29th Jimmy Kim Invitational Taekwondo Championship is on Saturday, Sept. 22nd, 2018, at the beautiful Long Beach Pyramid and the 26th California Open International Tae Kwon Do Tournament is on Oct. 13th, 2018, at the Cal-State Dominquez Hills Toro Gym in Carson. Look for more information in this newsletter or see Master Steinhauser for details.

STUDENT SECTION: TO ALL STUDENTS!!!

This is your part of the Newsletter that we use to let us know what is happening with you.

We want to hear about school events you may have or your achievements...If you are interested in sharing with your classmates in our Newsletter see Ms. Fallaha. ALSO remember to go to our website; www.socatkda.com There you will find; in the Documents section Class Material we go over daily, new photos in our Gallery Section and check out our <u>SMART KIDS RULE</u> section.

SUN	Mon	TUE	WED	Thu	Fri	SAT
SEPT.					31	1
2018					NO	
					CLASS	
LABO	R DAY 3	4 TEST	5 TEST	6 TEST	7	8
	NO NO	5:30-6:30	5:30-6:30	5:30-6:30	5:30-6:30	
	CLASS	6:30-7:30	6:30-7:30	6:30-7:30	6:30-7:30	
9	10	11	12	13	14	15
	5:30-6:30	5:30-6:30	5:30-6:30	5:30-6:30	5:30-6:30	
	6:30-7:30	6:30-7:30	6:30-7:30	6:30-7:30	6:30-7:30	
16	17	18	19	20	21	22
	5:30-6:30	5:30-6:30	5:30-6:30	5:30-6:30	5:30-6:30	
	6:30-7:30	6:30-7:30	6:30-7:30	6:30-7:30	6:30-7:30	
23	24	25	26	27	28	29
	5:30-6:30	5:30-6:30	5:30-6:30	5:30-6:30	5:30-6:30	
30	6:30-7:30	6:30-7:30	6:30-7:30	6:30-7:30	6:30-7:30	