

The Southern California TKD Academy Times

Founded February 1st., 1975 By Master Patrick Steinhauser - Black Belt for over 32yrs

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This just in... **Women's Self Clinic** on Sat., 11/14 from 11am-1pm. The Clinic is packed with valuable information in just 2hrs. See Master Steinhauser for details.

With the Holiday Season approaching, Master Steinhauser has many gifts available for the TaeKwonDo-ist in your Family. From Books to enhance TKD Training to Sparring Gear & much more...



You are Cordially Invited to: Our Annual Christmas Holiday Party on Sat., Dec. 12th. **Our Party is always great fun & full of surprises. You'll have an opportunity to meet & greet fellow classmates & their Families, while enjoying a tasty Pot-luck lunch. Master Steinhauser will be making Promotions & Presentations. I hope you & your family will plan to attend. Stay tuned for more info...**



This Month's Dojang News



This month's newsletter marks the 17th Year of The Southern California Tae Kwon Do Times. This Newsletter was started with the intention of sharing information between Master Steinhauser, class members and their families. We also use it get information to you; regarding your forms, TKD exercises and material you will need have in your notebooks to enhance your TKD training. So in order to make this Newsletter do what it was intended, I need to hear from **YOU**. I would love to print what's important to you; whether it's about TKD or your School - work, extra-circular activities, so we can share it with your classmates. Also let me know what you would like to read about, after all this Newsletter would be blank without YOU. Contact me in class or email me; renee@mpicomputers.com. Thanks again, Renee' Sobonim aka Ms. Fallaha.

Happy Birthday this MONTH to; Mr. Dylan Vassberg on the 13th, Carter H. on the 16th & Catherine H. on the 21st, Luke S. on the 23rd and Geoff M. on the 27th. Happy Birthday to you...May your day be filled loads of fun & lots of love!



Hey KIDS!! I know Halloween lots of fun, with dressing up, sharing "Trick or Treating" with friends, OH YEAH and the candy too, UMMMM! Please stay **SAFE** with a few reminders...Carry a Flashlight, stay away from houses that are not well lit, don't go into any stranger's house, always assume cars do not see you, stay in a group, cross the street at the corner, and as hard as it might be, don't eat any candy until your parents check it first. Oh yeah and remember to have fun!! ****Please note; your Dobok (TKD Uniform) is not a Halloween costume & must not be worn while Trick or Treating. It is disrespectful to do so. If trick or treating door-to-door is not for you, the City of Long Beach & surrounding cities sponsor Carnivals that are safe & well organized. Whichever activity you choose; stay SAFE and as Master Steinhauser says "We want you to come back to class the same way you left"...**



****Welcome to our New Students;** Khedrin Teng, Derrick Tan, Dylan Chung,

Yzabelle Mejia & Carter Harris. Welcome to you all and remember your training will be filled with whatever you put into it. Work hard and you will see many rewards. AND Parents it's never to late for you to start training, the physical and mental rewards are endless. I have been told that training with your children is a gift itself.



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 6:00pm All Students	2 6:00pm All Students	3 8am 9am 10am All
4	5 6:00pm All Students	6 6:00pm All Students	7 6:00pm All Students	8 6:00pm All Students	9 6:00pm All Students	10 8am 9am 10am All
11	12 6:00pm All Students	13 6:00pm All Students	14 6:00pm All Students	15 6:00pm All Students	16 6:00pm All Students	17 8am 9am 10am All
18	19 6:00pm All Students	20 6:00pm All Students	21 6:00pm All Students	22 6:00pm All Students	23 6:00pm All Students	24 8am 9am 10am All
25	26 6:00pm All Students	27 6:00pm All Students	28 6:00pm All Students	29 6:00pm All Students	30 6:00pm All Students	31 8am 9am 10am All