

# The Southern California TKD Academy Times

Founded February 1st., 1975 By Master Patrick Steinhauser ~ Black Belt for over 40yrs

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## This Month's Dojang News



*Congratulations to all Black Belt Test participants...* With your commitment, dedication and hard work, you have completed another part of your Tae Kwon Do training many students never achieve. As Master Steinhauser says *"The study of TaeKwonDo is not the task of one day, or of one year, it is rather the path of a lifetime."* Our path's continue... Besides our physical and mental training, Master Steinhauser requires us to study our Martial Art and in the process put together a [Tae Kwon Do notebook](#) to enhance our TKD training. You can find a lot of information needed to fill your TKD Notebook at (our school website) [www.socatkda.com](http://www.socatkda.com) such as; Forms/Poomse like Tae Guek I or exercises like I-Step Sparring, Sparring #1 and many other things you learn in class. We have printouts available in PDF & Word .doc format, to put into your [TKD Notebooks](#). If you don't have access to the internet, ask a Senior and we will assist you in getting that information... To our parents, it's never too late to enroll in TKD for yourselves. If you join TKD class, you won't find a better return on the investment of your time... the rewards are endless. If you have any questions just ask... I can sense a question already. *Why does Master Steinhauser require us to create a [TKD Notebook](#)?* His hope is that someday you will use your notebook as reference for your training and a tool to teach others. We have a responsibility to pass on what we have learned regarding, our Ancient Martial Art of Tae Kwon Do, to others that come after us. Contents for your TKD Notebook: Any Papers Master Steinhauser and you write, all Sparring Steps, all One-step Sparring, etc., Forms/Hyungs - Tae Guek I, etc., along with articles you find interesting with regards to Tae Kwon Do. Also include all Newsletters, "Southern California TKD Academy Times", that have been published while you are training. If you have any questions or need assistance in creating your [TKD Notebook](#) ask a Senior. In our Newsletter, look for this "notebook"  symbol it will appear next to information recommended for your [TKD Notebook](#).

[WELCOME NEW STUDENTS:](#) Eric D., Alison D. and Erin E. If you have any questions please feel free to ask...

[STUDENT NEWS:](#) William U. went to camp and he said he really liked it. To one and all... Share your summer stories with us in our Newsletter. We want to hear from you... Answer question like: *What are your plans for summer?* Then report back about your Summer trips or things you will be doing here at home. :)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>JULY 2017</b>					<b>NO CLASS</b> 6/30	1
2	<b>NO CLASS</b> 3	<b>NO CLASS</b> 4  Independence Day	5 5:30-6:30 6:30-7:30	6 5:30-6:30 6:30-7:30	7 5:30-6:30 6:30-7:30	8
9	10 5:30-6:30 6:30-7:30	11 5:30-6:30 6:30-7:30	12 5:30-6:30 6:30-7:30	13 5:30-6:30 6:30-7:30	14 5:30-6:30 6:30-7:30	15
16	17 5:30-6:30 6:30-7:30	18 5:30-6:30 6:30-7:30	19 5:30-6:30 6:30-7:30	20 5:30-6:30 6:30-7:30	21 5:30-6:30 6:30-7:30	22
23	24 5:30-6:30 6:30-7:30	25 5:30-6:30 6:30-7:30	26 5:30-6:30 6:30-7:30	27 5:30-6:30 6:30-7:30	28 5:30-6:30 6:30-7:30	29
30	31 5:30-6:30 6:30-7:30					

No Class  
Fri., June 30th, Mon.,  
July 3rd & Tues., July 4th



for Independence Day. Remember to give thanks to the Men and Women of our Armed forces who fought for our Freedom. [Stay safe and come back to class the way you left.](#)

Happy Birthday to...

Thong Sobonim,  
Tara N., Brandon T.,  
Katheryn Kyosanim,  
Jordan Kyosanim,  
Belinda M. and  
William U.  
May you all have  
loads of fun, lots of  
laughter &  
much love!

