

The Southern California TKD Academy Times

Founded February 1st., 1975 By Grand Master Patrick Steinhauser ~ Black Belt for over 49yrs

Volume 34 Issue 5

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February 2026



This Month's Dojang News



THIS MONTH STARTS THE 51ST YEAR SINCE GRAND MASTER STEINHAUSER FOUNDED THE SOUTHERN CALIFORNIA TAE KWON DO ACADEMY...

I hope you all will join me in saying a BIG "THANK YOU" to Grand Master Steinhauser, for his many, many years of dedication and commitment to teaching us the time-honored tradition of our Ancient Martial Art, Tae Kwon Do. I know Grand Master Steinhauser would say to all of his Students... *"The School would be empty without you."* **A NOTE OF WISDOM FROM GRAND MASTER STEINHAUSER TO ALL BLACK BELTS AND SOON TO BE BLACK BELTS: "THE BLACK BELT AROUND MY WAIST DOES NOT REPRESENT WHO I AM, IT DOES REPRESENT WHAT I CAN BE".**

YOUR PAPER WAS DUE BY JAN. 31ST: Each year Grand Master Steinhauser requires each of us to make a list of **"10 GOALS I (YOU) PLAN TO ACHIEVE IN 2026"** These goals have to be attainable and measurable. Each year some of us put off writing this paper, so Grand Master Steinhauser has added an incentive...If you are late turning in your paper for each day you will be asked to do pushups. On 1st day late 10 pushups, 2nd day late +10 or 20 pushups and in just 3 days past the deadline, (yes it includes weekends), that's 30 pushups. So do not wait any longer...If you need help with your Goals ask a Senior. You can email your goals to: MasterSteinhauser@socatkda.com

OUR TEST DAYS IN MARCH: Tuesday 3/4, Wednesday 3/5 or Thursday 3/6. The test fee for each Test participant is \$25. and due when you test. If you are a 4th Keup Green Belt, testing for 3rd Keup Red Belt, you are responsible for a paper assigned to you by Grand Master Steinhauser, also due on the day of your test. If you have not been assigned a paper, ask him very soon. If you don't know whether you have enough attendance days or whether you should test, see Grand Master Steinhauser he will assist you in making that decision. ***Remember if you are NOT testing we will have class as usual.**

NO CLASS: On February 16th, in observance of Presidents' Day.

HAPPY BIRTHDAY TO YOU!!! Trent

Quan-ja-nim, Brian Quan-ja-nim, and Ethan Kyo-sa-nim.

May your special day be filled with laughter & much love.

STUDENT SECTION: **PLEASE SEE MASTER FALLAHA FOR INFORMATION REGARDING YOUR CONTINUED TRAINING AFTER MARCH 31ST...



	MON	TUE	WED	THU	FRI	SAT
Feb. 1	2 5:30 - 6:30	3 5:30 - 6:30	4 5:30 - 6:30	5 5:30 - 6:30	6	7
8	9 5:30 - 6:30	10 5:30 - 6:30	11 5:30 - 6:30	12 5:30 - 6:30	13	14
15	16 NO CLASS	17 5:30 - 6:30	18 5:30 - 6:30	19 5:30 - 6:30	20	21
22	23 5:30 - 6:30	24 5:30 - 6:30	25 5:30 - 6:30	26 5:30 - 6:30	27	28

REMINDER...

On Valentine Day, Feb. 14th, make a Thank you card... Remember to appreciate your parents, friends & Family, for all they do for you!



The Meaning of the Moo Duk Kwan Flag

Fist = Justice

14 Laurel Leaves around the Fist = 14 Provinces of Korea

6 Red dots on Leaves = The known Continents of the world at the time the symbol was made.

3 Red dots on one side = 3,000 Li the distance between North & South Korea

The Korean/Chinese writing below the fist;

Left Side = Tae

Right Side = Kwon

Middle = Moo

Duk Kwan

