

The Southern California TKD Academy Times

Founded February 1st., 1975 By Master Patrick Steinhauser ~ Black Belt for over 45yrs

Volume 29 Issue 5

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February 2022



FRIENDLY REMINDER...

On Valentine Day,
Feb. 14th,
make a Card for
your Mom.



Remember to
appreciate your
parents, friends &
Family, for all they
do for you!



The Meaning of the Moo Duk Kwan Flag

Fist = Justice

14 Laurel Leaves around the Fist = 14 Provinces of Korea

6 Red dots on Leaves
= The known Continents of the world at the time the symbol was made.

3 Red dots on one side
= 3,000 Li the distance between North & South Korea

The Korean writing below the fist;

Left Side = Tae

Right Side = Kwon

Middle = Moo Duk Kwan

**** Info. for your TKD Notebook >>>**



This Month's Dojang News



THIS MONTH STARTS THE 47H YEAR SINCE GRAND MASTER STEINHAUSER FOUNDED THE SOUTHERN CALIFORNIA TAE KWON DO ACADEMY... I hope you all will join me

in saying a BIG "THANK YOU" to Grand Master Steinhauser, for his many, many years of dedication and commitment to teaching us the time-honored tradition of our Ancient Martial Art, Tae Kwon Do. I know Grand Master Steinhauser would say to all of his Students...*"The School would be empty without you."*

OUR PAPER DUE BY JAN. 31ST IS NOW PAST DUE: Each year Grand Master Steinhauser requires each of us to make a list of **"10 GOALS I (YOU) PLAN TO ACHIEVE IN 2022"** These goals have to be attainable and measurable. Each year some of us put off writing this paper until the last minute or forget all together, so Master Steinhauser has added an incentive...If you have not turned in your 10 Goals you are late. From now on each day your are later the incentive goes like this: 1st day late **10 pushups**, 2nd day late +10 or **20 pushups** and in just 3 days past the deadline, (yes it includes weekends), that's **30 pushups**. You can also email your goals to:

MasterSteinhauser@socatkda.com. To make a long story short, get your goals in very soon and you won't have to experience Master Steinhauser's added incentive, THIS TIME!!! If you need help with your Goals ask a Senior, we're here to assist you.

MARK YOUR CALENDARS: NO CLASS Presidents' day 2/21/22

OUR TEST DAYS NEXT MONTH: Tuesday 3/1/22, Wednesday 3/2/22 or Thursday 3/3/22. The test fee for each Test participant is \$25. and due when you test. If you are a 4th Keup **Green** Belt, testing for 3rd Keup **Red** Belt, you are responsible for a paper assigned to you by Master Steinhauser also due on the day of your test. If you have not been assigned a paper, ask him very soon. If you don't know whether you have enough attendance days or whether you should test, see Master Steinhauser he will assist you in making that decision. ***Remember if you are NOT testing we will have class as usual. **BLACK BELT TEST GROUP 1ST & 2ND PAPER DUE.**

HAPPY BIRTHDAY TO YOU!!! Mr. Brady Sobonim and Alison S. Kyo-Sa-Nim. May your special day be filled with lots of laughter & much love.

NEW STUDENT: Rylee C., welcome to our Tae Kwon Do Family.



As with everyone in class, please feel free to ask questions...

STUDENT SECTION: Remember Grand

Master Steinhauser presents **Academic Achievement Patches** to wear on your Dobok (uniform) for exemplary report cards. You will receive a **Black Patch** for a 4.0 GPA and a **Red Patch** for 3.0 GPA. So study hard, keep your grades up & when your School year ends, bring in your report card for Grand Master Steinhauser to see.



	SUN	MON	TUE	WED	THU	FRI	SAT
			1 5:30 - 6:10 6:10 - 6:50	2 5:30 - 6:10 6:10 - 6:50	3 5:30 - 6:10 6:10 - 6:50	4 NO CLASS	5
6	7 5:30 - 6:10 6:10 - 6:50	8 5:30 - 6:10 6:10 - 6:50	9 5:30 - 6:10 6:10 - 6:50	10 5:30 - 6:10 6:10 - 6:50	11 NO CLASS		
13	14 5:30 - 6:10 6:10 - 6:50	15 5:30 - 6:10 6:10 - 6:50	16 5:30 - 6:10 6:10 - 6:50	17 5:30 - 6:10 6:10 - 6:50	18 NO CLASS	19	
20	21 PRESIDENTS DAY NO CLASS	22 5:30 - 6:10 6:10 - 6:50	23 5:30 - 6:10 6:10 - 6:50	24 5:30 - 6:10 6:10 - 6:50	25 5:30 - 6:10 6:10 - 6:50	26 NO CLASS	27