

The Southern California TKD Academy Times

Founded February 1st., 1975 By Master Patrick Steinhauser ~ Black Belt for over 41yrs

VOLUME 25 ISSUE II

www.socatkd.com

AUGUST 2018



NO CLASS:

~ Friday 8/31

~ Monday 9/3

LABOR DAY



**Checkout the back of this Newsletter for important info. to know...

Happy Birthday to...

Adhithi

Kyo sa-nim,
and

Brooklyn S-C
We hope your special day is filled with love, laughter and happiness and a few presents too!



This Month's Dojang News

Our test days next month are: Tuesday, 9/4, Wednesday, 9/5 and Thursday, 9/6. Each student will only need to test one of those days. Your requirements to test are; White, Yellow & Green Belts must attend 20 class meetings within each 3 month period between tests or since your last test. Red Belts must attend 40 class meetings within each 6 month period between tests or since your last test. The test fee for each Test participant is \$25. and due when you test. If you are a 4th Keup Green Belt, testing for 3rd Keup Red Belt, you are responsible for a paper assigned to you by Master Steinhauser. Please bring any papers assigned to you on the day of your test. If you don't know whether you have enough attendance days to test or whether you should test, see Master Steinhauser, he will assist you in making that decision. * For those not testing, class will go on as usual.


WELCOME NEW STUDENTS: Brooklyn S-C. And Kara K. Welcome to our TKD Family! Feel free to ask questions such as; How should I tie my belt? or Am I performing an exercise correctly? If you any have questions or concerns ask a Senior, and Parents are invited to do the same. It is our responsibility to teach you Tae Kwon Do as it has been taught to us.

MASTER STEINHAUSER APPROVED TKD TOURNAMENTS COMING UP: The 29th Jimmy Kim Invitational Taekwondo Championship is on Saturday, Sept. 22nd, 2018, at the beautiful Long Beach Pyramid and the 26th California Open International Tae Kwon Do Tournament is on Oct. 13th, 2018, at the Cal-State Dominguez Hills Toro Gym in Carson. Look for more information in this newsletter or see Master Steinhauser for details.

STUDENT SECTION - Arthur B. was awarded a medal for "Best in 5th Grade year end Math Test" 2018 and completed 5th Grade requirements at Los Cerritos Elementary School. Also his Mom shared a great picture with me of Arthur raking and clean-up in their families yard.

- Francis B. was presented with the Principle's Award for scoring 100% on ALL Math Tests at Garfield Elementary School. Well done! You make US Proud!!!

Go to our website and look for their photos and info. in our **SMART KIDS RULE** section.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
AUGUST 2018			1 5:30-6:30 6:30-7:30	2 5:30-6:30 6:30-7:30	3 5:30-6:30 6:30-7:30	4
5	6 5:30-6:30 6:30-7:30	7 5:30-6:30 6:30-7:30	8 5:30-6:30 6:30-7:30	9 5:30-6:30 6:30-7:30	10 5:30-6:30 6:30-7:30	11
12	13 5:30-6:30 6:30-7:30	14 5:30-6:30 6:30-7:30	15 5:30-6:30 6:30-7:30	16 5:30-6:30 6:30-7:30	17 5:30-6:30 6:30-7:30	18
19	20 5:30-6:30 6:30-7:30	21 5:30-6:30 6:30-7:30	22 5:30-6:30 6:30-7:30	23 5:30-6:30 6:30-7:30	24 5:30-6:30 6:30-7:30	25
26	27 5:30-6:30 6:30-7:30	28 5:30-6:30 6:30-7:30	29 5:30-6:30 6:30-7:30	30 5:30-6:30 6:30-7:30	31 NO CLASS	9/1
LABOR DAY 	9/3 NO CLASS	9/4 TEST 5:30-6:30 6:30-7:30	9/5 TEST 5:30-6:30 6:30-7:30	9/6 TEST 5:30-6:30 6:30-7:30	9/7 5:30-6:30 6:30-7:30	9/8

Tae Kwon Do Meanings To Know

1. Korean name for Grand Master Instructor? Kook Sa Nim
 2. Korean name for instructor? Sah Bah Nim
 3. Our style of martial art? Tae Kwon Do
 4. What country does Tae Kwon Do come from? Korea (South)
 5. Korean name for room we train in? Dojang
 6. Korean name for uniform? Do-bak
 7. Tae Kwon Do dress uniform? All White with white shirt under Jeo-go-ri (do-bak top)
 8. School name? Southern California Tae Kwon Do Academy
 9. Founded? February 1st, 1975
 10. By whom? Grand-Master Patrick Steinhauser
 11. Name Kwan Association members? Moo Duk Kwan
Ge' Duk Kwan
Oh Duk Kwan
Chung Duk Kwan
Kang Duk Kwan
 12. Which Kwan Association member came to the North American Continent? Moo Duk Kwan
 13. Meaning of Tae Kwon Do? Tae - Feet / Kwon - Hands /
Do - The "Way" we use your feet & hands to better yourself.
 14. Meaning of Moo Duk Kwan? Moo - Physical / Duk - Mental
/ Kwan - The "Way" we use your physical & mental to better life.
 15. Master Steinhauser's Black Belt Rank? 7th DAN
 16. How many degrees of Black Belt in Tae Kwon Do? 10
 17. Meaning of GUB? Grade under Black belt
 18. Black belt headquarters in Korea? KUKKIWON
 19. Ancient name for Tae Kwon Do? Tae Kyon, Soo-bak
 20. How do you say "Thank you"? Go-map sum-ni-da
 21. Greeting (How are you?) An-Nyong Ha-Shim Nik-ka?
 22. Name the 3 Ancient Kingdoms? Koguryo, Packje & Silla
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